

# FRAMING THE SENTENCE

Fill in the blanks to help you get started on how to journal about your day.

**Today, I got to**

\_\_\_\_\_.

**Last night, I went to**

\_\_\_\_\_.

**Ideas for details:**

Who:

\_\_\_\_\_

What:

\_\_\_\_\_

Where:

\_\_\_\_\_

When:

\_\_\_\_\_

Why:

\_\_\_\_\_

**Three Details About Your Good Thing:**

\_\_\_\_\_

\_\_\_\_\_

\_\_\_\_\_